



PRESENTED BY



BUILDING DAYS

JULY 21-22, 2026

VIEWING

Summer Social,
Canstruction Showcase
and Awards

JULY 23, 2026

I CAN WITH SAFETY STARTS

A large, 3D graphic featuring a bar chart with various blue and orange bars of different heights. Overlaid on the chart is the text "I CAN WITH SAFETY STARTS" in a bold, white, sans-serif font, arranged in a slightly curved path across the top of the bars.

EVENT GUIDELINES

Canstruction Guidelines

Alliance Safety Council invites you to participate in a Canstruction Competition. This competition combines the excitement and creativity of a construction challenge with the opportunity to make a meaningful impact in our community.

Teams will design and construct a structure using unopened, non-perishable canned food items, all of which will be donated to the Greater Baton Rouge Food Bank to help support those in need.

Structures will be judged based on specific criteria outlined later in this packet. Upon completion, the finished designs will be proudly displayed at Alliance Safety Council's Summer Social, showcasing both the teams' ingenuity and their commitment to giving back to our community.

Tentative Event Schedule

Building Days

Tuesday, July 21 & Wednesday, July 22

- 9:00am: Canstruction building begins
- 5:00pm: Canstruction building ends

Summer Social, Canstruction Showcase & Awards

Thursday, July 23

- 5:00pm-7:00pm: Networking, Viewing & Awards

Rules and Regulations

Work Area Size:

Work area is 8ft x 8ft x 6ft. Structures can be no taller than 6 feet.

Size of Build Team:

There is no maximum team size. However, only five builders can be in the work area at a time. Additional team members can help with loading cans in and out. You can also switch builders out, and others can be present outside of the work area if they are not obstructing the progress of another team. There is no limit to the amount of people involved in the planning, logistics and design of the structures.



To keep things fair, safe, and food-bank friendly, please note the following:

Permissible Items:

- Full, unopened, canned food of 24oz or smaller with labels intact/unaltered.
- Use of boxes, bags and packets of food is acceptable; however, cans must be used for the majority of the structure.

Non-Permissible Items:

- **NO** glass containers.
- **NO** junk food (e.g., candy, chips, etc.) or pet food.
- **NO** opened, exposed, or expired food.
- **NO** covered, removed, or altered can/product labels.
- **NO** empty cans or plastic bottles/containers.
- **NO** alcoholic beverages or products labeled with alcohol as an ingredient.

Bottom line: If it's opened, expired, glass, junk food, or altered—it's a no-go.

Building Materials – Permissible Items

PLEASE NOTE: Leveling materials help stabilize layers, but cans must do the actual building and visible support. Building materials should not damage labels or cans.

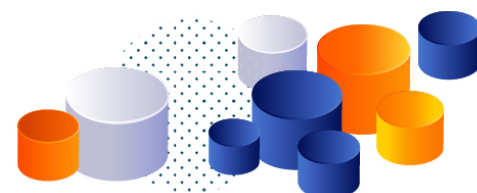
- Velcro, magnets, zip-ties, tape, silicone, rubber bands, nylon string, wire mesh, or wire.
- Leveling materials not greater than ¼” thick (6mm).
 - Examples of approved leveling materials are cardboard, plexiglass, threaded rods and foam-core.
- Only easily removable tape shall be permitted for layout on floor (painter's tape, etc.).
 - No duct tape.

Floor Covering

Floor protection is required under each structure. Please plan to appropriately lay a protective floor covering (as simple as a layer of paper) under the cans that provides a clean, visually appealing look. There should be no protective covering showing past the cans' edges, unless the floor cover is part of the aesthetic.

Building Materials – Non-Permissible Items:

- **NO leveling materials greater than ¼” thick (6mm).**
- **NO sheet metal, steel plates, fiberock, or glass.**
- **NO** permanent adhesives or bonding process – gluing, welding, etc.
- **Minimal use of props.**



Safety Precautions:

- All team members must wear closed-toed shoes.
- Watch where you are walking.
- No running.
- Lift correctly – with legs, not the back. If the load is too heavy, get help.
- Do NOT encourage visitors to touch your structure (admire from a distance!).

Judging and Awards

Award Categories

- **Most Cans:** The structure with the most cans wins this award.
Peanut butter, canned fish, canned meat, beans, and protein-rich soups are worth **2 points**. All other canned items are worth **1 point**.
- **Most Creative:** The winner of this category will go to the most original structure. The design, imagery, and use of labels will be taken into consideration.
- **Fan Favorite:** The winner of this category will go to the team with the most attendee votes.

Scoring and Judging Criteria

- Structures are scored on a 100-point system, per judge.
- Points are awarded to each category, varying in weight based on the specific award being judged.
 - **Structural Design:** Does the design involve a high level of difficulty? Does the structure appear gravity-defying but stable?
 - **Use of Labels:** Are the labels used to create details on the structure? Do the labels enhance the structure's overall appearance?
 - **First Impression:** Is it awe-inspiring? Will it create a lasting impression? Does the structure excite or stimulate at first sight?

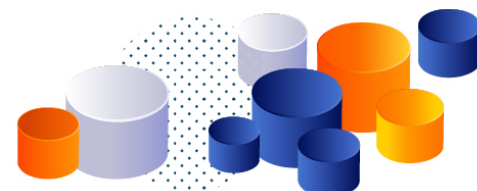
- **Sample Score Sheet**

Judges Name: _____

Structure Name: _____

Team Name: _____

MOST CREATIVE		
Structural Design	50	
Use of Labels	25	
First Impression	25	
	TOTAL	



Additional Information

- Judges will not know what company built which structure.
- Keep your budget in mind from the beginning. Canned food has a variety of costs which can impact your design.
- Tip: Be thoughtful about the cans you are selecting. Go to the grocery store to take a look at your options.
- Tip: Host a food drive at your workplace to acquire food items but be specific about what you are collecting.
- Tip: Place leveling boards after each level of cans.
- Tip: Walls within structures may be unstable. Plan to use 3 to 5 rows of cans for sturdiness.
- Tip: Practice your build at your workplace!
- The food bank will provide tax write off form for all cans provided.
- Prefabricate any templates, leveling materials, or other special materials you require prior to Building Day. There is no space to cut these materials.

Registration

To participate, please complete the online form [HERE](#).

You'll be required to submit your team's conceptual description by June 30.

This includes:

- Structure title
- Structure dimensions (Length x Width x Height)
- Total number of cans used
- Detailed list of foods
- Structure description and design concept (100 words or less)
- Names of all team members

Questions?

Contact the Alliance Safety Council team members below with any questions. We are happy to help!

- Parnaessa Thomas-Scott: PThomas-Scott@alliancesafetycouncil.org, 225-282-3291
- Meagan Kohls: MKohls@alliancesafetycouncil.org, 225-282-3323



Key Dates

- June 23: Registration Form Due
- June 30: Conceptual Form Due
- July 21-22: Building Days
- July 23: Summer Social, Construction Showcase & Awards

